

**SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY**

**SAULT STE. MARIE, ONTARIO**



**SAULT  
COLLEGE**

**COURSE OUTLINE**

<b>COURSE TITLE:</b>	Health Promotion II – Community Mobilization		
<b>CODE NO. :</b>	FIT 252	<b>SEMESTER:</b>	4
<b>PROGRAM:</b>	Fitness and Health Promotion		
<b>AUTHOR:</b>	Tania Hazlett		
<b>DATE:</b>	Jan 14	<b>PREVIOUS OUTLINE DATED:</b>	2013
<b>APPROVED:</b>	"Marilyn King"		Jan/14
	_____		_____
	<b>CHAIR</b>		<b>DATE</b>
<b>TOTAL CREDITS:</b>	4		
<b>PREREQUISITE(S):</b>	FIT202		
<b>HOURS/WEEK:</b>	4		

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## I. COURSE DESCRIPTION:

The learner will interpret, apply and evaluate health promotion strategies for a variety of situations, including schools, workplaces, health service organizations and entire communities. This course will provide the student with the knowledge of resources and networking opportunities available to create and message a successful health promotion campaign. The student, through analysis of a target market (identified in Health Promotion I) will develop an appropriate health promotion intervention to encourage communities to take personal responsibility for their health.

## II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

Upon successful completion of this course, the student will demonstrate the ability to:

1. Explain how elements of key health promotion strategies are applied to various settings

### Potential Elements of the Performance:

- Apply elements of health promotion strategies to the educational setting
- Apply elements of health promotion strategies to the workplace setting
- Apply elements of health promotion strategies to communities

2. Define and explain the elements necessary for the successful implementation and evaluation of a health promotion strategy

### Potential Elements of the Performance:

- Identify and explain the process of successful implementation of health communication campaigns
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3. Identify resources necessary for successful communication of health messages.

### Potential Elements of the Performance:

- Define and explain networking
- Identify networking opportunities

4. Research and analyze current health promotion messages  
Potential Elements of the Performance:
  - Review and analyze current health promotion messages
  - Evaluate the effectiveness of current health promotion campaigns
  
5. Design, implement and evaluate a health promotion campaign using an identified target audience.

Potential Elements of the Performance:

- Conduct target audience research
- Develop an effective health promotion campaign for a specific target audience
- Identify, explain and analyze evaluation techniques to measure outcomes of health promotion campaigns

**III. TOPICS:**

1. Elements of Health Promotion Strategies
2. Supportive Environments
3. The Healthy Workplace
4. Health Promotion and the Education System
5. Health Promotion Design and Delivery

**IV. REQUIRED RESOURCES/TEXTS/MATERIALS:**

Readings as Assigned

**V. EVALUATION PROCESS/GRADING SYSTEM:**

*Assignment #1 – 20% - College Campaign Report*  
*Assignment #2 – 20% - College Campaign Practical*  
*Assignment #3 – 20% - Community Event 1*  
*Assignment#4 – 20% - Community Event 2*  
*Final Exam – 20%*

2. All test/exams are the property of Sault College.
3. Students missing any of the tests or exams because of illness or other serious reason must notify the professor **BEFORE** the test or exam. The professor reserves the right to request to support the student's request.
4. Those students who have notified the professor of their absence that day will be eligible to arrange an opportunity as soon as possible to write the test or exam at another time. Those students who **DO NOT NOTIFY** the professor will receive a zero for that test or exam.

The following semester grades will be assigned to students:

<u>Grade</u>	<u>Definition</u>	<u>Grade Point Equivalent</u>
A+	90 – 100%	4.00
A	80 – 89%	3.00
B	70 - 79%	2.00
C	60 - 69%	1.00
D	50 – 59%	0.00
F (Fail)	49% and below	
CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field /clinical placement or non-graded subject area.	
U	Unsatisfactory achievement in field/clinical placement or non-graded subject area.	
X	A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the requirements for a course.	
NR	Grade not reported to Registrar's office.	
W	Student has withdrawn from the course without academic penalty.	

**VI. SPECIAL NOTES:**

Attendance:

Sault College is committed to student success. There is a direct correlation between academic performance and class attendance; therefore, for the benefit of all its constituents, all students are encouraged to attend all of their scheduled learning and evaluation sessions. This implies arriving on time and remaining for the duration of the scheduled session.

**VII. COURSE OUTLINE ADDENDUM:**

The provisions contained in the addendum located on the portal form part of this course outline.